

Shinfield Rise Community Flat

the big lunch

an eden project

Join us for a very special Cooking Session with Isabella on Tuesday 16th from 10am to 12pm. We will be making delicious sharing dishes for the big lunch which will follow after!

As ever the session is free and you will be able to take away great recipes and ideas to try at home.

From 12pm onwards we have invited the Social Club, Community Wardens and the involved Tenant team to join us at the Community Flat as we celebrate this nation-wide event! The Big Lunch is a very simple idea from the Eden Project. The aim is to get as many people as possible across the UK to have lunch with their neighbours, in a simple act of community, friendship and fun.

Please let Cherish know if you would like to help out and visit the website if you would like more information about the project: www.thebiglunch.com



“There are no strangers here, only friends you haven't yet met”

Ongoing Courses this June:

Mini Manicure and Pedicure Course at the Community Flat (Mon 1st, 8th and 15th—10am—12pm)

Hair Styling Course at the Community Flat (Thurs 4th and 11th 9.30am—11.30am)

Emergency First Aid at Work Course at St Barnabas Church Hall (Thurs 18th and 25th, 9.30am—12.30pm)

Paediatric First Aid Course Held at St Barnabas Church Hall (Tues 2nd & 9th, 9.30am to 12.30pm)

Even if you have missed one of the sessions please feel free to still join us. These are great courses, so make the most of this opportunity! (One of the courses offers a free manicure, usually worth £20!)



Rhymetime in the Park

Takes place on Monday 8th June between 10am to 12 noon at Dinton Pastures Play Park. Songs and Rhymes from 10.15 to 11.15am. Families can create a lion mask, play dough animals, decorate some biscuits and listen to jungle stories at the storytelling chair. Visitors can also find out about ‘Communicating and your child’ from the Early Years team, as well as sun safety and nutrition from the Health Visiting team and services offered by the charity Homestart. Visitors will be able to collect a Bookstart goody bag along with a free Rumble in the Jungle book and other information on the day.

Life's a Beach



Come and Join Us on our Annual Community Beach Trip to Bournemouth

Thursday 27th August– Departing by coach from Shinfield at 9.15am and leaving the seaside at 5pm prompt

£5 per person and Under 2s are Free– 50% deposit due up front to secure your seat, final amount due a week before the trip

All costs can be discussed with Cherish at the time of booking your places

Please contact Cherish ASAP to avoid disappointment as places will go quickly

See you there!

Woof in the Woods: Saturday 11th July at Wysipig, Ellis Hill Farm, Sindlesham, RG2 9JG– visit <http://www.wysipig.net> The West Berkshire and Wokingham Animal Warden will be at Ellis Farm between 10am and 3pm to offer advice on all dog-related matters. We will also be offering FREE microchipping of dogs on the day, no appointment necessary. The law is changing and from April 2016 all dogs must be microchipped—please do come along and see us!



Come and Get Involved this June...

Housing Surgery With David Higgins:

Your new Housing Officer, he looks forward to meeting you and will be at the flat every Thursday, 11am to 1pm.

Family Worker Drop In:

Mondays 10am to 12pm

Social Club for 50+: Mon 1st, 7-9pm– We enjoyed a lovely Fish and Chips Supper, please let Cherish know if you would like to join us, everyone is welcome!

Community Club for 8-12s:

Mon 15th (Cooking Session with Isabella) & 29th 4-5.30pm.

Girls Group for 13-16s:

Mon 15th & 29th, 6-7pm.

Good News Stories: **Baby De-Andre Ansu-Tyyab Fofanah** was born on Thursday 7th May 2015 weighing 6 pounds and 14 ounces. His little cousin **Rameyha** followed him into the world on the 24th May, weighing 5 pounds and 4 ounces. Congratulations to Alex, Kayleigh and all the family.



Summer Reading Challenge– Young Volunteers: Aged 16 to 24? Do you enjoy Reading? Do you enjoy working with children and want to volunteer? Then helping with the Summer Reading Challenge in the local libraries may be for you. We are looking for young people who can encourage children to take part in and complete this years challenge, Record Breakers, and help out with activities in the library. Its fun and a great addition to your CV, plus you have the chance to give something back to your community. The volunteering opportunities will be at Wokingham, Woodley and Lower Earley libraries between Monday 27th July to Friday 28th August.

For more info contact volunteer@wokingham.gov.uk or: 0118 974 6263

