

Shinfield Rise Community Flat



We are writing this issue in memory of Ray Woodruff who sadly passed away in April. Ray will be remembered for his friendly character and all the wonderful work he did for his community. He will be missed by all who knew him.

Come over to the Community Flat during Half Term

On Friday 30th May – 1.30 – 3pm and make your own bracelets in support of a great cause. Any donations received will help go towards the funding for Reading FC to go to Kenya where they will be building a school to help the local community. You can take home whatever you make. Light refreshments will be available!

Really pleased to announce we are able to offer Martial-Arts Training

Completely **Free of Charge** to Shinfield residents.

Held at Loddon Valley Leisure Centre

Sessions will run from end of June to Mid-September

10 Spaces available for 12 Week Course

- The Leisure Centre is within walking distance or just a short drive away
- Sessions run by fully-qualified instructor
- For ages from 5+ years through to Adults
- Evening sessions held on Mondays, Tuesdays and Thursdays
- You will be able to access sessions already running

You would be very welcome to go and watch a session first to see if it is right for you.

The sessions cover a variety of skills and abilities to aim to not just improve your physical fitness but can also help with self-confidence and it's a great place to meet new friends for all ages.

Please contact Cherish ASAP if you are interested or would like more information.



Beale Park Reminder!

This trip is now fully booked. Please note payments must be received by Thurs 22nd May to secure your place – we do have a waiting list so this is really important. Please pop any money due in a named envelope through the door of the flat. If you require any additional support in funding for the trip, are unable to attend or would like a reminder of the trip info, Please contact Cherish ASAP

Come and Get Involved this May...

Councillor Surgery: Borough and Parish Representatives-Weds 28th 5-6pm

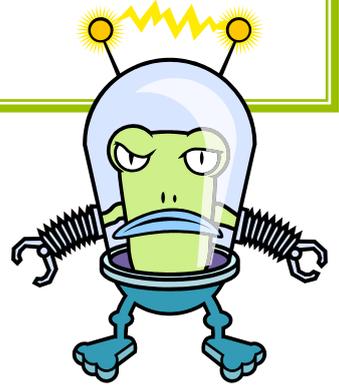
Community Club: (8-12yrs) - Mon 19th, 4 - 5.30pm

Social Club: Mon 19th, 7-9pm (fish and chip night)

Housing Surgeries plus Rents Officer, Emma Hill: Every Thurs, 11.00am-1pm

Coffee Mornings: Friday 23rd - 10.30am to Midday.

Mice Bus Visit: Weds 7th, 1—4pm



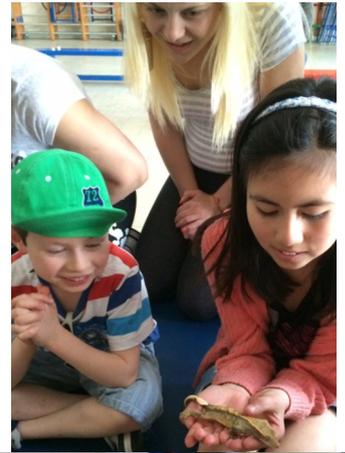
Half-Term Library Session at the Flat- Bring your own Packed Lunch!

For Ages 3-8, from 12.30-1.30pm on Wednesday 28th May

A Space-Themed Lunar Adventure- 'Come and Hear about Bob the Man on the Moon'



Thanks to everyone who came to enjoy the visit from the Rainforest Roadshow!



It has recently been confirmed that we will be receiving some funding to start work on the Community Garden!

We have done several consultations, but if you have any ideas and suggestions please contact Cherish by the end of May.

To make the garden more manageable and user friendly- it is likely most of the space will have decking, although we want to keep plenty of green areas, and would like to add a wild flower section if possible. Please contact me for more info. We have added some photos of the garden in it's current state to give you some inspiration!!



Don't Forget...take advantage of the Free Public Wi-Fi and Internet Facilities at the Community Flat- Feel free to Drop-In and use the equipment provided for all to use!



Please like the Shinfield Rise Community Flat Facebook Page to find out more about what's going on in your area!

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