



SPC Newsletter July 2023



SPC NEWSLETTER

SHINFIELD PARISH COUNCIL NEWS



The Multi-use games area at Spencers Wood Recreation Ground now has an accessible path

The path is final stage of completion of the MUGA and makes the area easily accessible.



SHINE

"Chairman of the Parish Council Andrew Grimes introduced the concept of SHINE (Safer, Healthier, Interesting Neighbourhoods Engaging everyone) to an audience of 40 people at a Parish Meeting on Thursday 29th June. SHINE will provide a focus for the council's work over the next four year period with significant effort being made to engage with as many residents as possible about the council's work. A warm thank you to those who attended and took part in the discussion. (the SHINE presentation follows below)

This was followed by what it is hoped will become an annual Shinfield Parish Council quiz with 8 teams taking part. With subjects as varied as Art, Firsts, "Postcards from the Parish" and a good sprinkling of general knowledge questions it was a close run thing with the winners pipping their nearest rivals by only two points.

WINNERS OF THE QUIZ



With 80 points the winners were a team representing Shinfield Players who will use the £250 first prize to buy an air-conditioning unit for their youth section. They kindly donated their personal prize of a box of chocolates and a bottle of prosecco to the runners up ABC2 to Read and Berkshire MS Therapy Centre respectively."





The Grand Opening of the Multi-use Games area at Spencers Wood Recreation Ground is on 26th July 2023 @6:45pm - everyone welcome!



SHINE 29th June 2023

Representing the communities of Crazeley, Ryeish Green, Shinfield, Shinfield North, Spencers Wood and Three Mile Cross

Current Position

- Parish Elections were held in May
 - We have 15 seats available
 - 12 people stood for election and were elected unopposed
- A number of projects are already in progress that will have the potential to significantly improve the lives of our residents
- Now is a good time, at the start of the next four-year cycle, to think through how we focus our efforts
- We are proposing a new programme that
 - Includes our current activities
 - Gives a focus for driving improvements in the parish
- I would like to introduce....

Providing a Focus

- **S – Safer**
 - Making our parish a safe place to live
- **H – Healthier**
 - Making our parish a healthier place to live
- **I – Interesting**
 - Making an interesting and exciting place to live
- **N – Neighbourhoods**
 - One parish, many communities
- **E – Engaging with everyone**
 - Making our parish a place that is inclusive for all

Shine

- The choice of acronym is no accident
- It plays on the historic name for the parish
- Yet shines a light on an exciting future for the parish and its residents

We're already doing this

- SPC is already doing (or are planning to do) some of these main headings, for example, we
 - Have a detailed plan of action for traffic improvements
 - Have plans for improvements to Millworth Lane
 - Have created an Arts, Culture & Events committee to give more focus to these subjects
 - Want to improve our presence north of the M4 and west of the A33
 - Want to help tackle issues our young adults are facing

How can we help the parish Shine

- What follows is a suggestion for the type of things we could do as a parish
 - **They are only ideas for discussion, and they are not set in stone**
 - **We would like your input into these discussions**
- Not all of them have to be done, but if we choose to do something, we should do so whole heartedly
- This would be a four-year plan
 - Not everything has to be done at once
 - But we cannot leave everything to the end
 - Small wins can help gain traction and buy in from residents if they see how we (and they) can make a difference
- This is a concept that will be reflected in council meetings and decisions

Safer (1)

- **Anti-Social Behaviour**
 - By also providing positive alternatives to ASB not just enforcement
 - SPC cannot tackle ASB on its own so how can it work with others to achieve this such as WBC, PCSOs and anyone else who can help make a difference?
- **Traffic**
 - Achieving the objectives of SPC's traffic working party by
 - Speed limit reductions
 - Traffic calming measures (where necessary)
 - Improved road crossings
 - Encouraging initiatives for more walk to school/work?

Safer (2)

- **Should there be a specific focus on disabled access?**
 - Better lighting, no parking on pavements, clearing footpaths of obstructions etc can improve life for everyone
- **CCTV**
 - Do we want SPC to make more use of CCTV?
 - Does it help or hinder?
- **Fly-Tipping**
 - How can SPC help WBC tackle the issue?

Safer (3)

- **What can SPC do to promote respect for the parish, people's property, resident's peace and quiet etc. ?**
- **Raising Awareness of Safety issues, for example:**
 - What can SPC do to help people stay safe?
 - How can SPC help residents to report issues and get them resolved?
- **Can SPC help in providing training that benefits the community, for example:**
 - When training SPC staff offer spare spaces to others

Healthier (1)

- Should SPC be involved in promoting healthy activities and habits within the parish? If so
 - What can SPC practically do as a council?
 - Should SPC promote just physical or also mental wellbeing?
- Should SPC promote initiatives to encourage walking to school and/or work?
- Should SPC enhance or change its Youth Club offer?
- Should SPC target its efforts on specific groups or areas?

Healthier (2)

- Should SPC use its Grant Scheme as a tool or mechanism? For example,
 - Focus one year on efforts to improve the health of residents
- Should SPC try and bring the Sports Clubs in the parish together more?
 - Collaborative efforts to promote more sport in the parish, not just cricket and football
- Are there any direct actions SPC may want to take to support this overall goal?

Interesting (1)

- Should SPC promote Arts, Culture & Events?
 - If so how
- What should SPC want to promote? Options may include:
 - Art exhibitions
 - Public art
 - Craft activities
 - Local history
 - Film clubs
 - Choirs and music groups
 - Collaborations with WBC, Shinfield Players and others?
- Should SPC target any specific groups?

Interesting (2)

- How might SPC be involved in an overall programme of events within the parish?
 - Supporting some events – Spencers Wood Carnival, 10k run
 - Working with partners on others – Remembrance Sunday
 - Creating and running its own events
- Should SPC help others with their events, for example:
 - Giving them channels to promote events and raise awareness
 - Providing advice and logistical support where we can

Neighbourhoods

- Can SPC can do more to make people care about the parish,?
 - If so, how can SPC do help achieve that?
- Do residents feel the council represents the communities of the parish?
 - If no what can SPC do about that?
- Would residents new to the parish appreciate a Welcome Pack from SPC with information on the parish?
 - Where to get goods and services in the parish
 - Where to learn about the history of the parish

Engaging Everyone

- Does the council need to be more relevant to residents?
 - If so, how do we achieve this?
- How can SPC engage more with our residents?
- What can SPC do to make everyone in the parish feel included in parish life?
- Does SPC need to do anything different for any specific groups?
 - For example, would forming a youth council help SPC address some of the other issues mentioned above?



COMMUNITY NEWS & UPDATES

IN MEMORY OF CLLR EDWARD BROWN

The Shinfield Volunteer Group attached a plaque to a gate in Spencers Wood on Saturday 1st July 2023 in memory of the late Cllr Edward (Eddie) Brown.

It reads; 'In loving Memory of Edward Brown 1939-2023 Parish Councillor, rambler, father and friend. and is placed on the gate opposite Spring Gardens and deliberately chosen as that is where he lived.

Our Chairman, Cllr Andrew Grimes was in attendance on behalf of Shinfield Parish Council. Eddie was heavily involved in keeping our Parish footpaths and gates accessible for all to enjoy, he helped create several footpath maps which are available to download on our website – see below.



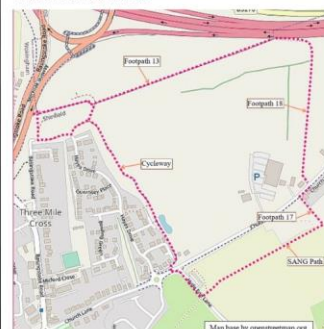
Eddie is very much missed at the Parish Council and by everyone that knew him.

Shinfield Volunteer Group Footpath Report June 23

Hello readers, welcome to our footpath report for June.

Most of our efforts during June were concentrated on clearing the foliage on footpaths Reading 13 and Shinfield 18. If you are new to our bulletins, these paths are in the corner of Three Mile Cross that is adjacent to junction 11 of the M4. Mother Nature as it always does stole a march on us but we have it under control again. Word has spread and we understand that footfall is again picking up on this pleasant semi rural circuit. That is good news as it helps to suppress the growth on the walking surface. If you have not tried this walk we have attached a map of circuit.

The only other issue of note is the crop intrusion on footpaths 30 and 32A in Grazeley. Sadly despite our repeated reporting of this issue the paths remain obstructed. We understand that Wokingham Borough Council is on the case so we just watch and wait.



PARISH WALKS & DOWNLOADABLE LEAFLETS

About Langley Mead

Langley Mead is the largest of the three Lushes. The area has been the site of a small settlement since the 13th century. It was a site of a small settlement since the 13th century. It was a site of a small settlement since the 13th century.

The area is a mix of open fields and woodland. It is a mix of open fields and woodland. It is a mix of open fields and woodland.



of the Lushes and will attract more visitors and other activities, such as the annual 'Lushes' festival.

The area is a mix of open fields and woodland. It is a mix of open fields and woodland. It is a mix of open fields and woodland.



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SHINFIELD PARISH EASY WALKS FOR ALL

Nº 1: Langley Mead

Langley Mead is a green meadow, a natural area of open fields and woodland. It is a mix of open fields and woodland. It is a mix of open fields and woodland.



The area is a mix of open fields and woodland. It is a mix of open fields and woodland. It is a mix of open fields and woodland.

Did you know There are 12 Parish Walk leaflets available to pick up at the School Green Centre or download from our website. See link below.



[Click here for information on Parish Footpaths, Cycling and Walks](#)

COMMUNITY NEWS & UPDATES

St. Marys Church Summer Fete

The Green at Shinfield was a blaze of colour and activity when St Mary's Church Fete took place there on Saturday June 24th. There was a bouncy castle and slide providing fun for the children as well as games and other activities. A wide range of stalls encompassing tombolas, books, cakes, crafts and many other things. kept people interested after being fed on amazing food from the BBQ. A tea tent provided other refreshments and cream teas. Music from Tadley Brass Band helped the occasion go with a swing and there was some delightful singing from the children of Alder Grove and Shinfield Infant School.

The day was very hot so the number of dogs braving the heat to enter the fun dog show was limited but they all enjoyed some doggie treats and rosettes. A fire engine arrived mid afternoon to add to the fun and the children enjoyed climbing into it. On the whole it was a very successful and enjoyable event which enabled the community to come together and also raise some funds for the church.

Rail Strikes in July

The RMT (on board and station staff) will strike on Thursday 20, Saturday 22 and Saturday 29 July. On these dates we will only be able to run a limited service, starting later and finishing much earlier than usual – and most of our network will have no service whatsoever. Trains that are planned to run will be subject to short notice changes and cancellations. We are also expecting there to be an impact on the days before and after strikes too, in particular Friday 21 July. For more information visit www.gwr.com/strike





Congratulations to Shinfield St. Mary's CE Junior School for receiving national award after planting more than 2,000 trees

Shinfield St Mary's CE Junior School was awarded the honour of 'Outstanding Beacon School' by The Tree Council at its Force for Nature exhibition - for full news article [click here](#)



The Spencers Wood Social Seniors Coffee morning every Thursday 10-12pm, this week celebrating Joan Bakers 100th Birthday, Congratulations Joan!

Access to Allotments 2 Plots still available!

We have 2 fantastic raised bed allotment plots left to rent at our soon to open site Orchard Rise.

These beds are for those who may not have been able to access allotment due to health or disability. These beds are raised and on a tarmacked area to allow access to wheelchair users and those with poor mobility. The plots are also smaller to make sure they are manageable and the site has a disabled parking bay.



These Plots are first come first serve.

To reserve a plot please email francesca.lane@shinfieldparish.gov.uk and attach pictures of both sides of your valid Wokingham blue badge.



1 - Only two spaces left!



SAHGA [Shinfield Allotment Holders and Gardeners Association]

**Join SAHGA on the 2nd Thursday of each month
at Shinfield Infants School**

when? 7.30pm

**Next meeting? September 14th for new
members.**

Where? Shinfield Infants School

**Come along, meet new people and learn new
things!**

**SAHGA meet 11 times each year, omitting
August, of which 10 meetings are normally talks
and one an evening excursion to visit a garden.**

**Meetings start at 7:30pm and last until about
9:15pm. There is plenty of local parking. There is
a £1.00 charge per person for each meeting.**





Genius ideas!



We absolutely love this strawberry hack shared by @frangrowsfood to protect her crops from local black birds!

Would you give this a go? Do you have any #allotmenthacks ? Share them with us @spc_allotments

Community Events & Info



Places
Leisure
Leisure for People

Because Community Matters

Open Day

Saturday 15th July, 10.00am - 4.00pm

Show your support for our local businesses, with a raffle; beat the goalie; bean bag toss; 100m sprint; hook a duck; tug of war and more!

For more information, please speak to a member of the team

ryeishgreensportshub.org

Operated by Places for People Leisure Ltd



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

ASDA Kids eat for £1 All Day. Every Day at Asda cafes, with no adult spend required.	MORRISONS Spend £4.49 & get one free kids meal all day, every day.
TESCO Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023	GORDON RAMSEY RESTAURANTS Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants
SAINSBURY'S CAFES Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.	PRETO Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms
BEEFEATER & BREWERS FAYRE Two children under 16 can get a free breakfast every day with one paying adult!	BILLS 2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023
THE REAL GREEK Kids under 12 eat FREE every Sunday for every £10 spent by an adult	BELLA ITALIA Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.
TABLE TABLE Two children under 16 can get a free breakfast every day with one paying adult!	WHITBREAD INNS Two kids under 16 eat for FREE with every adult breakfast purchased
TRAVELODGE Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free	SA BRAINS PUBS Children can eat for £1 with any adult main. Valid All Day Wednesdays
HUNGRY HORSE Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast	FUTURE INNS Under 12's eat for free with any adult meal. During the school holidays
PREMIER INN Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free	PAUSA CAFE @ DUNELM Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm
SIZZLING PUBS Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.	YO! SUSHI From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend
IKEA Kids get a meal from 95p daily from 11am	TO BE CONFIRMED... M&S and Farmhouse Inns

Copyright of MONEY SAVING CENTRAL



Bright Hope Church
FAMILY FUN DAY
SATURDAY JULY 8 / 12 - 4 PM

FACE PAINTING
bouncy castle glitter tattoos
BYO PIC-NIC CRAFTS
GARDEN GAMES
and more!

FREE

Grazeley Village Hall - RG7 1LD

BRIGHT HOPE +



Gateways
café
At St Mary's Church, Shinfield,
RG2 9BY

Week Days
Monday - Friday
10.00am - 12.00

A member of the
Friendship
Alliance
'Friendship Café'

Children's
toys &
colouring
available

Dog
friendly

Come and join us for some
fresh coffee and delicious
home made cake, everyone
very welcome 😊



Berkshire
ageUK

Dementia
Friendly
Wokingham

**MAINTENANCE
COGNITIVE
STIMULATION
THERAPY
(MCST)**

Group members will take part in meaningful and stimulating activities, proven to help maintain memory and mental function.

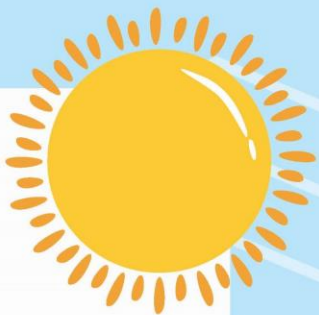
The groups provide a fun, supportive environment where people can build new relationships. A carers friendship group runs alongside these sessions.

Please contact us if travel difficulties are preventing you from attending our activities.

- Venue: Grazeley Village Hall,
Grazeley, RG7 1LD
- When: Tuesday biweekly
- Time: 11 - 12 pm
- Cost: £5 per person

MORE INFO

TO REGISTER YOUR INTEREST, PLEASE CONTACT:
DEMENTIAWOKINGHAM@AGEUKBERKSHIRE.ORG.UK
OR TEL: 01189594242



Summer Fayre

Alder Grove CofE Primary School
Saturday 8th July

12pm- 4pm

Join us for..

BBQ • Bar • Raffle • Tombola
Traditional Games • Bouncy Castle
and Slide • Soft Play • Face Painting
and so much more...



Alder Grove

Parent/Carer Staff Association





CARING MORE. WASTING LESS

We offer a range of fresh produce including bread and vegetables which are either surplus stock or end of day items from local supermarkets.

No referral needed just pop along to these locations on the following days:

MONDAYS

12.30-2.00pm - Shinfield Baptist Church, 1 Fairmead Road, Shinfield, RG2 9DL. check online

3.30pm- 4.30pm Emmanuel Church Centre, Southlake Crescent, Woodley RG5 3QW

TUESDAY

10.00am - 11.30am FBC Centre, Gorse Ride North, Finchampstead, Wokingham, RG40 4ES

WEDNESDAY

1.00pm - 2.30pm Rainbow Centre, Rainbow Park, Winnersh, Wokingham RG41 5SG

2.00pm-3.30pm The Community Flat, 36 Frensham Green, Shinfield, RG2 8EH

FRIDAY

12-30pm - 2.30pm - Norreys Church, Norreys Avenue, Wokingham, RG40 1UU

1.00pm - 3.30pm St Andrews Church, Priestwood Court Road Bracknell, RG42 1TU

Follow us on Facebook for regular updates

@ShareWokingham @ShareBracknell @ShareWoodley

Email - enquiries@sharewokingham.co.uk

www.sharewokingham.co.uk



Registered Charity - 1195620



Shinfield Voluntary Car Service

VOLUNTEERS NEEDED

We are looking for volunteer drivers! 4 hours or more, if you can, a week, expenses paid & training provided



CONTACT
SANDY

shinvol@gmail.com or 07555923615

The Local Government Boundary Commission for England has published its final recommendations on a new political map for Wokingham Borough

This follows a public consultation held earlier this year and the next step is for Parliament to approve the changes - [click here for more information.](#)

Wokingham Health & Children's Centres Timetable



You must be registered with Wokingham Children's Centres to attend all sessions

From 3rd April 2023 Wokingham Children's Centres operate a no mobile phones and no camera policy

	Monday	Tuesday	Wednesday	Thursday	Friday
Brambles Children's Centre Budges Gardens Wokingham RG40 1PX Telephone: 0118 908 8010 Email: brambleschildrenscentre@wokingham.gov.uk No Parking on site, please be considerate if parking in the local residential area Enter via Budges Rd/Kilbridge Nursery gate No access available via Budges Gardens gates	Baby Play Drop-in 9.30 - 10.30am pre-walkers group Breastfeeding Network Appointment only 9.30 - 12.00pm Midwife - Appointments Only	Health Team Appointments Only Midwife Appointments Only	Wiggly Worms 9.30 - 11.00am ASD Group, Invitation Only Play & Learn Drop-in 1.00 - 2.30pm for children under 5 Midwife - Appointments Only	Health Team Appointments Only Midwife Appointments Only	
Finchampstead Children's Centre FBC Centre Gorse Ride North Finchampstead RG40 4ES Telephone: 0118 908 8166 Email: finchampsteadchildrenscentre@wokingham.gov.uk Free parking available please be considerate if parking in the local residential area	Health Team Appointments Only	Play & Learn Drop-in 9.30 - 11.00am for children under 5	Childminders Drop-in 9.30am - 11.00am Health Team Appointments Only	Baby Play Drop-in 10.00 - 11.00am pre-walkers group Breastfeeding Network 2nd Friday of the month Appointments 9.30 - 10.00am Drop-in 10.00 - 11.00am	
The Red Kite Child Chestnut Crescent Shinfield RG2 9EJ Telephone: 0118 908 8181 Email: theredkitechildrenscentre@wokingham.gov.uk No Parking on site please be considerate if parking in the local residential area	Baby Play Drop-in 1.30 - 2.30pm pre-walkers group Breastfeeding Network Drop-in 1.30 - 2.30pm Midwife Appointments Only	Health Team Appointments Only Midwife Appointments Only	Play & Learn Drop-in 9.30 - 11.00am for children under 5 Midwife Appointments Only	Health Team Appointments Only Midwife Appointments Only	
Starlings Children's Centre Colleton Drive Twyford RG10 0AX Telephone: 0118 908 8185 Email: thestarlingschildrenscentre@wokingham.gov.uk No Parking on site please be considerate if parking in the local residential area	Health Team Appointments Only	Baby Play Drop-in 10.00 - 11.00am pre-walkers group Midwife Appointments Only	Health Team Appointments Only Midwife Appointments Only	Play & Learn Drop-in 9.30 - 11.00am for children under 5 Midwife Appointments Only Childminders Drop-in 9.30 - 11.00am	
Winnesh Children's Centre Rainbow Park Winnesh RG41 5SG Telephone: 0118 908 8192 Email: winneshchildrenscentre@wokingham.gov.uk Limited Parking on site please be considerate if parking in the local residential area		Play & Learn Drop-in 10.00 - 11.30am for children under 5	Breastfeeding Network Runs alternate weeks, contact the BFN for dates. Term time only Appointments only 10.00 - 11.30am	Rainbow Mums & Dads 9.30 - 11.30am Community run group, see reverse for details	
Ambleside Children's Centre Ambleside Close Woodley RG5 4JJ Telephone: 0118 908 8152 Email: office@ambleside.wokingham.sch.uk When visiting the centre, please use the Play & Display car park off Healdy Road (off near RG5 4JA)	Baby Play Drop-in 10.00 - 11.00am pre-walkers group	Play & Learn Drop-in 9.30 - 11.00am for children under 5 Breastfeeding Network Appointments only 1st & 3rd Tues of the month 1.00 - 2.30pm	Health Team Appointments Only	Family Support Group 1.30 - 3.00pm Invitation Only	Wokingham Children's Centres  WOKINGHAM BOROUGH COUNCIL

What's on in the School Green Centre & Spencers Wood Pavilion

Regular Classes at the School Green Centre and Spencers Wood Pavilion		
Hirer	Activity	Day of session
School Green Centre		
Adult sessions		
Bumps and Beyond	Postnatal fitness class	Monday morning
Sally Podzemney	Pregnancy yoga	Tuesday evening
Angela O'Brien	Pilates* / Ballet**	Tuesday*, Wednesday*, Thursday* & Friday** morning
Zumba Gold Class - Emma Rogers	Zumba Gold Class	Wednesday morning
Shimak London	Dance Class (Bollywood)	Wednesday evening
ELS Fitness	Fitness - Zumba	Wednesday evening
Activate Training and Sports Therapy	Pilates and Lattes	Wednesday evenings & Thursday morning
West Coast Swing Reading	Dance Class	Thursday evening
Food for all UK	Community	Saturday evening
Shinfield History Group	Education	2nd Tuesday of each month
Pound Green Shinfield WI	Meeting	3rd Wednesday of each month
Age UK	Dementia Café	Monthly
Younger people		
Worker Bees	Activities	Monday morning
Starlet Dance	Dance	Monday evening
Baby Sense & Toddler Sense	Mother & baby	Tuesday morning
Flexx Gymnastics	Fitness	Tuesday, Wednesday & Thursday afternoon
Libby Putney Stricly Street	Dance	Friday afternoon(Term time only)
Shimak London	Dance Class (Bollywood)	Sunday morning (Term time only)
Diddi Dance	Dance	Thursday morning
Bloom Toddler Classes	Mother & baby	Friday morning
Moon Tuition	Education	Saturday & Sunday morning/afternoon
Kaizen Shotokan, Karate Academy	Karate	Saturday morning
SLA First Class Learning	Education	Saturday morning/afternoon & Wednesday evening
Tutu Olonko	Education	Sunday morning
Spencers Wood Pavilion		
Adult sessions		
Senior Citizens Coffee morning - Shinfield Volunteers Group	Community	Thursday Morning
Spencers Wood History Group	Education	3rd Tuesday of the month
Younger people		
Dance Sensation	Dance	Tuesday & Thursday afternoon & evening
Youth Club	Community	Wednesday evening
Diddi Dance	Dance	Friday afternoon



VOLUNTEERS NEEDED URGENTLY



Help a child find the fun in reading...

We are transforming the lives of school pupils across Berkshire by supporting them to read; but we can only do this with the help of our amazing volunteers. Full training and resources provided.



Tel: 0118 951 1336

Email: info@abctoread.org.uk

www.abctoread.org.uk



Charitable Incorporated Organisation 1184698



ABOUT THE CLASS

Join *Keep Active and Stay Strong*, a class for all ages and abilities with a focus on improving co-ordination, posture and stamina. Like all of Angela's classes the session will be fun and welcoming for all.

Angela is passionate about improving functional movement and strength so people can maintain their mobility and independence for longer. Adaptations will be made for individuals if needed.

What you will need to bring:

- Bottle of water.
- Comfortable trainers or indoor shoes.
- Unrestrictive clothing you can move around in.

CONTACT



07752 272603



angela@pilateteacher.co.uk



www.pilateteacher.co.uk

**KEEP
ACTIVE
STAY
STRONG**



Dementia Cafe Shinfield

Join us for fun, friendship, refreshments and conversation.



Our summer programme!

Time:
10:30 am - 11:30 am

Date:
July 19th
August 23rd
September 27th

Where:
Grazeley Room
School Green Centre
Shinfield, RG2 9EH

Cost:
£2.50 per person

Please contact us if travel difficulties are preventing you from attending our activities.

To book, please contact: 0118 959 4242 or email dementiawokingham@ageukberkshire.org.uk



maths and English
tuition

SHINFIELD LEARNING CENTRE

Whatever your tuition needs, we can
give your child a head start, help them
excel or overcome challenges.



- Unique skills assessments and programmes tailored to each child's needs.
- Smart materials designed around the National Curriculum.
- Step-by-step approach makes learning easier and more fun.
- Printed worksheets and handbooks, not more screen time.

Students
from ages
4 to 16

Email
and phone
support

**CALL TODAY TO BOOK A FREE SKILLS
ASSESSMENT OR FOR EXPERT TUITION ADVICE**

07443 344 304

reading.east@firstclasslearning.co.uk
www.firstclasslearning.co.uk/shinfield

FLEXX

GYMNASTICS CLUB

Holiday Classes for members and non-members

Flexx Gymnastics Camp £12.50 per child Ages 4+

Our 2 hour session is a fun and engaging gymnastics class that will give children the opportunity to learn new skills, play games and activities. Please provide a nut free snack & a drink!

Under 5's Parent and child Play Gym £5 per child

This is a parent and child free play class for little adventures! One parent can supervise up to two children. Come play and explore our set up! Parents are free!

Date	Under 5's Play Gym	Gymnastics Camp
Tuesday 14th February 2023	10-11am £5 per child	11-1pm £12.50 per child

Book online at www.flexxgymnastics.co.uk - click on 'holiday classes'





STARLET

DANCE SCHOOL

FOR CHILDREN AGED 2.5-18 YEARS

CLASSES IN

BALLET, TAP, COMMERCIAL/STREET DANCE,
MUSICAL THEATRE, ACROBATICS,
PRIVATE SINGING

Free Trials



EXCEPTIONAL PERFORMING ARTS OPPORTUNITIES

VENUES

SHINFIELD
UPPER BASILDON

BOOK YOUR FREE TRIAL CLASS TODAY!



www.starletdance.com

07789 518563

starletdanceschool@hotmail.com

www.facebook.com/starletdanceuk

[starletdanceschool](https://www.instagram.com/starletdanceschool)



[For more details of What's On in Shinfield Parish click here](#)

Shinfield Parish Council

School Green Centre, Shinfield, RG2 9EH

0118 988 8220

www.shinfieldparish.gov.uk

[Facebook](#)

[Instagram](#)
